

[Click Here To Read In Your Browser](#)



## Coronavirus Basics – Advisory Information

Hi, KELLIE

Please find below the best information on the current Coronavirus/COVID-19 situation.

If you have any questions about signs, symptoms, or prevention of COVID-19, please reach out to your Rightway Navigator immediately. Navigators are available from

8 AM – 11 PM EST Monday – Friday and 9 AM – 5 PM EST on weekends. Your Rightway care team is here to make sure that you and your loved ones stay safe and healthy. No question is too big or too small.

---

What is Covered by IBA

As per local and federal guidance effective immediately all IBA Self-Funded Health Benefit plans will cover Coronavirus testing and waive member cost sharing associated with testing for COVID-19. This is to include testing at an emergency room, urgent care facility, laboratory or office visit setting. This applies to all plans, including High Deductible Health Plans, please see [this statement](#) from the IRS on HDHP's.

Read more on IBA's coverage by clicking the button below.

IBA COVID-19 Update

## COVID-19 Overview

Coronaviruses are a large family of viruses that are common in people and many different species of animals. At the onset of the outbreak, many of the initial patients in Wuhan, Hubei Province, China had some link to a large seafood and live animal market, suggesting animal-to-person spread. However, a growing number of patients reportedly did not have exposure to animal markets, indicating person-to-person spread. Currently in the US, there are cases of community spread, meaning it is unknown how or where patients became exposed. Researchers are working hard to determine the source and a means to stop the spread.



## How It Spreads

- Coughing and sneezing without covering the mouth can pass the virus through air
- Touching or shaking hands with a person who has the virus can pass the virus between individuals
- Making contact with a surface or object that has the virus and then touching the nose, eyes, or mouth

What are the Main Symptoms?

The most common systems of COVID-19:

**Fever** - 98%

**Dyspnea / Hypoxia** (Trouble breathing, low oxygen) - 55%

**Cough** - 76%

**Muscle Pain/Fatigue** - 44%

The National Institutes of Health (NIH) suggest that these groups have the highest risk of developing complications due to COVID-19:

- Young children
- People aged 65 years or older
- Women who are pregnant

---

## By the Numbers

*As of March 13, 2020*

137,445 COVID-19 Cases

5,088 Deaths (3.7%)

69,779 Recovered / Discharged

Click below to see a live update on the statistics of COVID - 19

[Live Update](#)

---

## What You Can Do to Protect Yourself



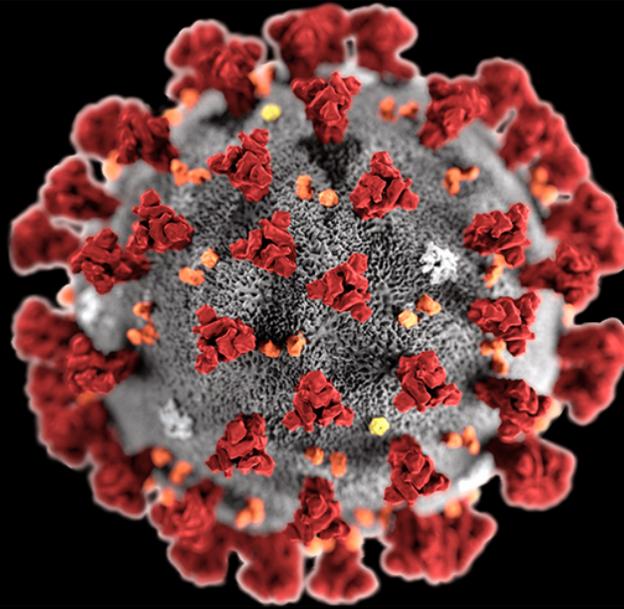
- The CDC recommends getting a flu vaccine, taking everyday preventive actions, and taking flu antivirals if prescribed
- Wash your hands often with soap & sanitize with an alcohol-based hand sanitizer
- Avoid touching your eyes, nose, and mouth with unwashed hands
- Avoid close contact with people who are sick
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash
- Clean and disinfect frequently touched objects and surfaces in and around your workspace and the office

---

## 8 Questions Employers Should Ask About Coronavirus

by Jeff Levin-Scherz and Deana Allen

Harvard Business Review



## Join Rightway's Webinar for More Information

On Monday, March 16 at 4 PM EST, Rightway's Chief Medical Officer will hold a webinar on the current situation and everything you need to know to stay healthy.

[Register for Webinar](#)

Download our free mobile app

 Download on the  
App Store

 Get it on  
Google Play