



**Perrysburg Junior High School
Athletic Department Guide**



Perrysburg Junior High Athletic Department

Fall Athletics	Winter Athletics	Spring Athletics
7th Grade Football 8th Grade Football 7th/8th Grade Boys Cross Country 7th/8th Grade Girls Cross Country 7th Grade Girls Volleyball 8th Grade Girls Volleyball 7th/8th Grade Cheerleading	7th Grade Boys Basketball 8th Grade Boys Basketball 7th Grade Girls Basketball 8th Grade Girls Basketball 7th/8th Grade Cheerleading 7th/8th Grade Wrestling 7th/8th Grade Quiz Bowl	7th/8th Grade Boys Track and Field 7th/8th Grade Girls Track and Field

Perrysburg Junior High School is a member of the Ohio High School Athletic Association (OHSAA) and is governed by rules set forward by them.

<http://www.ohsaa.org/>

Perrysburg Junior High School is a member of the nine school Northern Lakes Junior High Middle School League (NLJHMSL) overseen by building athletic directors and administrators.

Other schools competing in the NLJHMSL:

- Anthony Wayne
- Bowling Green
- Maumee Gateway
- Napoleon
- Perrysburg
- Springfield
- Sylvania Arbor Hills
- Sylvania McCord
- Sylvania Timberstone



NLJHMSL Athletic Directors and Administrators meet monthly to review athletics pertaining to league competitions.

Perrysburg Junior High School Athletic Department Contact and Communication Information

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Athletic Department Website:

http://www.perrysburgschools.net/AthleticDepartment_PJH.aspx

The PJHS Athletic Department Website has a page dedicated to each team. It also offers many of the mandatory forms available to download.

Athletic Department Twitter: @PJHSAthletics

The PJHS Athletic Twitter account will update scores, announcements, and schedule changes.

Individual Team Communication

Each team's head coach will establish their own communication with parents and athletes. This may vary depending on the individual coach and team. Methods may include e-mail, Schoology, and Twitter.

Please confirm with the team's head coach on their communication method. Coaches will communicate practice times, schedules, and announcements via their communication method.

Athlete Participation

We encourage all students to participate in extracurricular activities, whether athletics, arts, theatre, music, or any other opportunities. In addition, we encourage our athletes to participate in multiple sports and to expose themselves to as many different activities as they can to generate interest.

All athletes need to have the following on file with the Athletic Office prior to beginning practice or trying out for a given sport:

1) OHSAA Physical

The OHSAA Physical is mandatory for all athletes. A physical is valid for one calendar year and a student will not be permitted to practice or tryout unless a valid physical is on file with the Athletic Department. The Athletic Department keeps track of all athletes physicals. If you have a question whether or not your athlete has a valid physical, please contact us.

The physical can be downloaded from the PJHS Athletic Department Website or obtained in the main office at PJHS. In addition, it can also be downloaded from the OHSAA website.

A completed physical is six pages in length. Please ensure that all six pages are completed and signed where needed. The doctor must complete the date of exam and doctor signature on page 4.

2) OHSAA Concussion Awareness

The OHSAA Concussion Awareness form is mandatory for all athletes prior to participating in practice or trying out. It is a three-page document that needs to be read and reviewed by the parents and athlete. The signature page must be returned to the Athletic Department. This document only needs to be completed once per academic year and they will stay on file in the Athletic Department. This is available to download on the PJHS Athletic Department Website as it is included with the OHSAA Physical.

3) PJHS Emergency Authorization Form

The PJHS Emergency Authorization Form is mandatory for all athletes prior to participating in practice or trying out. This can be downloaded from the PJHS Athletic Department Website. This will only need to be filled out once per academic year and will remain on file in the Athletic Department. All coaches will have a copy of this form and will use this information to contact parents when needed. It is important that if contact

information changes during the academic year that this document also reflects those changes.

4) Lindsay's Law (Sudden Cardiac Arrest)

New in 2017, Lindsay's Law-Sudden Cardiac Arrest is now required for all athletes, parents/guardians, and coaches to complete annually. To meet this requirement, athletes and parents must view a short video and then review an information sheet and submit the signature page to the Athletic Department.

Parents/guardians and athletes should go to:

<http://www.odh.ohio.gov/landing/Lindsays-Law.aspx> and scroll down to the "For parents/guardians and youth athletes" portion. Parents/guardians and athletes should view the video, review the informational handout and then sign and submit the signature form to the athletic office.

This only needs to be completed once per academic year.

5) Extra Curricular Support Fee

Each athlete is required to pay an extra curricular support fee. This fee is due prior to the first regular season contest. Athletes must have this paid prior to the first contest or they will not be permitted to participate in contests until the support fee has been paid.

The extra curricular support fee is \$50 per student. However, there is a \$100 maximum per athlete and a family maximum of \$150. This is kept track by the Athletic Department.

If there is a hardship case please contact the athletic director directly.

Athletes may pay the extra curricular support fee either directly to the main office to Sherry Slocum with checks payable to Perrysburg Junior High School or online at www.payforit.net. If paying online please allow up to 48 hours for processing.

Please ensure that you have also attached the form with your payment if paying via check to the Athletic Department.

Perrysburg Schools Code of Conduct

All athletes participate under the Perrysburg Schools Code of Conduct. The code can be found at its entirety here:

<http://www.neola.com/perrysburg-oh/search/policies/po5530.01.htm>

Drug Testing

Athletes are subject to random drug testing at Perrysburg Junior High School. Random drug testing will be conducted throughout the school year. Athletes selected will be notified the day of the selection.

If a positive test occurs, the student will be ineligible for 20% of their season.

If a second positive test occurs, the student will be ineligible for 50% of their season.

If a third positive test occurs, the student becomes ineligible to participate in athletics.

Athletes are permitted to have a one-time self referral without losing any eligibility.

Athletes may self-refer to the athletic director prior to being selected for a random drug test or any information being brought to the attention of the athletic director or administration.

If a positive test occurs, the athletes' parents/guardians will be notified and the athlete will be subject to counseling when entering high school from the school's onsite prevention counselor.

Please be aware, an athlete does not need to be participating in a current sport to be selected for a random drug test. For example, an athlete who only played a sport in the fall is still in the selection pool for winter and spring random drug testing.

If a student is selected for a random drug test but cannot produce a sample in a reasonable amount of time, the student's parents/guardians will be contacted and a sample must be produced at the drug testing company location prior to the athlete being permitted to return to their sport.

Eligibility

Athletes are under the academic eligibility guidelines of both the OHSAA and Perrysburg Schools.

According to the OHSAA, athletes must have passed a minimum of five courses from the previous academic quarter. In addition, Perrysburg Schools requires athletes who

earned one “F” to maintain a grade point average of above 1.5. Athletes who have two “F’s” are ineligible to participate.

Athletes who are determined to be academically ineligible may still participate on the team. However, they are not permitted to participate in games or contests.

Incoming 7th graders do not have any academic eligibility requirements for fall sports only. Academic eligibility will come into effect after the first quarter of their seventh grade year.

Academic eligibility for fourth quarter of athletes’ eighth grade year determines their eligibility for first quarter of their freshman year of high school.

Athletes who are 15 prior to August 1 are ineligible to participate in junior high athletics. In addition, junior high athletes are only permitted to participate in four semesters of athletics during their junior high career.

Athlete Expectations

Athletes are held at a high standard in Perrysburg. Participating in athletics for their school is a privilege. This is a time where athletes can grow to develop many life-long characteristics that will assist them in becoming the person that they desire to be.

We expect our athletes to conduct themselves in a manner that properly represents themselves, their family, their team, their school, and their community. We expect all athletes to be great teammates by showing acceptance, encouragement, accountability, being thoughtful, being grateful, and being humble.

There will be no tolerance for any engagement in bullying, hazing, or harassment between athletes in the locker room, practice, games, sidelines, transportation or in the use of electronics including cell phones and the use of social media.

Athletes should be aware that what they post on social media, if found to be related to the harassment of another person, group, team, or coach, will result in disciplinary actions.

School Discipline

Any school related discipline an athlete may receive will also affect their athletics. A student who earned an after-school detention could be subject to athletic discipline from their coach at the coach's’ discretion.

If an athlete earns an in-school or out of school suspension then they are ineligible to participate in practice, contests, or games. If a student is issued an in-school suspension they are still required to attend practice or the game but may not participate. Students who are issued an out of school suspension are not permitted to attend practice or games, either as a competitor or a spectator.

The coaching staff may also enforce additional consequences for the athlete such as playing time or additional responsibilities.

Athletic Discipline

Athletes are held to a high standard when representing themselves, their families, their team, their school and their community. Athletes should demonstrate gratitude, thoughtfulness, respect, and compassion when participating in extracurricular activities. Students who do not demonstrate this in their athletic avenues could be subject to athletic discipline from both the athletic director or the coaching staff. This could include suspension of playing time, loss of privileges, or additional responsibilities. This includes behavior while competing, in the locker room, during warm ups, on the sidelines, traveling to or from contests, or as a spectator.

OHSAA Policies

The OHSAA has additional regulations that athletes must abide by.



Participation in Non-School Sports

The OHSAA prohibits the participation of athletes in participating in recreational or club teams during the same season as their school team. For example, a volleyball player cannot participate on both the PJHS team and a club team at the same time. It is allowable to play on two different teams from different sports. For example, a PJHS football player is allowed to participate on a club lacrosse team simultaneously.

This policy also is enforceable for tryouts, open gyms, or any other practice session for a club team outside of PJHS. Once an athlete tries out or participates with a club team they have become ineligible to participate for PJHS for that season.

Although PJHS will not say that athletes cannot participate in two different sports during the same season, the sport participating in at PJHS should take precedent over any club sport. The result of missing PJHS team activities for club activities could result in team discipline at the discretion of the coaching staff.

As a department, we do not promote participating in multiple sports during the same season. We do not believe this is healthy development for the athlete. We do encourage participation in multiple sports throughout the year though.

School Choice

Students who are enrolled in a private school, charter school, or home-schooled who are bona-fide residents of the Perrysburg School District are eligible to tryout or participate on a PJHS team if their school does not offer their desired sport.

If a student wishes to participate with this option they should contact the athletic director directly. The student will be required to provide proof of residence to the Perrysburg School District.

Students exercising this option are still under the PJHS Code of Conduct and will be required to provide proof of academic eligibility.

PJHS teams do not have to modify or accommodate practice times, game times, travel arrangements to meet the needs of students using this option. This could affect playing time.

Game Day

Athlete School Attendance

Athletes are required to be in school for a minimum of 3.5 hours per day to participate in practice or games on a regular scheduled day. If it is a two-hour delay, athletes are required to be in school for 2.5 hours. The hours do not need to be consecutive.

Ticket Prices

For all NLJHMSL contests, adult ticket prices are \$4 while students and senior citizens are \$2. For NLJHMSL Tournaments, adult ticket prices are \$5 while students and senior citizens are \$3. Passes are not accepted for NLJHMSL Tournaments with the exception of a Northern Lakes League Athletic Pass.

PJHS offers athletic passes for students and families. This pass covers all PJHS home events. They do not cover admission for away contests or any home NLJHMSL Tournaments. A student pass is \$20 while a single adult pass is \$40. A family pass may be purchased for \$75. This form can be downloaded and completed here:

<http://www.perrysburgschools.net/BacktoSchool.aspx>

Travel

When competing at away events, all athletes are required to take school issued transportation to the event.

At the completion of the event, athletes may be signed out and transported home by their parent or legal guardian ONLY. Parents/guardians must sign out their athletes with the coaching staff prior to taking their athlete.

In the case of a special circumstance in which the athlete needs to be transported by someone other than their parent/guardian, advanced permission must be received by the athletic director.

Failure to follow these guidelines could result in athletic discipline.

Officials

Officials used in NLJHMSL games and contests are all certified by the OHSAA. There is a shortage of officials, particularly in northwest Ohio. We require all athletes, coaches, and spectators to demonstrate respect towards all officials. Individuals who choose not to demonstrate respect towards the officials will be subject to discipline and removed from the contest or viewing area.

Public Event Notice

By entering any athletic event as a spectator or athlete, you consent to be photographed or filmed. Your entry to the event is your consent to such media use. If you do not agree to the consent then please do not enter the events.

Inclement Weather

In the case of inclement weather and PJHS is closed, all games or contests will also be cancelled. There will be every attempt to reschedule the cancelled game. Practices may still occur with the approval of the athletic director and building administration contingent on weather improving.

If PJHS is open and our opponent is closed then communication will be made to determine if the game or contest will be played.

Spectator Expectations



PJHS expects our spectators to demonstrate the same qualities that we expect our athletes and coaches to demonstrate. This includes appropriate behavior while watching and the treatment of officials, athletes, coaches, and other fans. If inappropriate behavior is demonstrated spectators could be asked to leave the viewing area.

Spectators are not permitted to bring any outside food or beverages into any games or contests.

Spectators are allowed to use cameras at events. However, for indoor contests please set the flash to off.

Pets, other than service dogs or animals, are not permitted into any of the athletic facilities. This includes the Jacket Dome and Steinecker Stadium.

For home football games, we encourage fans to bring a folding chair as bleacher space is limited inside the Jacket Dome.

The PJHS ticket booth will open one-half hour before the beginning of the game or contest.

Concession Stand

PJHS offers a concession stand at most all athletic contests and games. For volleyball, boys/girls basketball, and wrestling, the concession stand is operated by the PJHS Athletic Department. For these sports, parent volunteers will be asked to help run on game days. If there are no parent volunteers then the concession stand will not open.

For football and track and field the concession stand is run by the Perrysburg Athletic Boosters inside of Steinecker Stadium. Parent volunteers may be asked to assist on game days.

Chain of Command

Please utilize the proper chain of command when challenges occur. We encourage the athletes to talk directly to their coach if they have concerns, whether playing time or any other matter. The next appropriate step would be the parent/guardian contacting the head coach to arrange a meeting or to communicate via telephone. If a parent/guardian wants to meet with the coach they should contact the coach and arrange a mutual time. It is inappropriate for a parent/guardian to approach the coach before practice, after practice or on game day with concerns without prior consent from the coach. After a meeting has occurred with the head coach and if there are unresolved issues then please contact the athletic director. If contact is initially made to the athletic director and not to the head coach you will be directed to contact the head coach. After speaking with the athletic director and the matter needs more attention please contact one of the building principals.

Equipment/Team Specifics

School-Issued Equipment

Athletes are responsible for their school-issued equipment. Athletes will be checked out equipment and once checked out are expected to take proper care of the equipment. Athletes who keep equipment in one of the PJHS locker rooms are required to have a lock for their locker. Athletes should take proper precautions for the cleanliness of their own equipment.

At the conclusion of the season the equipment should all be checked back in with the head coach. Missing equipment will result in a fine and reimbursement to the athletic department.

Spirit Wear

Spirit wear is available to purchase for all sports and is optional for the athletes to purchase. Spirit wear is the primary fundraiser for the athletic department.

Other Purchases

Other team purchases must be approved by the athletic department. This could include things such as team socks, shooting shirts, or warm ups. The head coach should communicate this request with the athletic department.

Media

The athletic department encourages the promotion of all PJHS extracurriculars. Any submission to local media must come through the athletic department. This includes articles or photos in the Perrysburg Messenger Journal. Any use of social media to represent a PJHS team must be pre-approved by the athletic department and must be controlled by a coach of that team.

Athletic Department Philosophies

Jacket Way

PJHS and the Perrysburg School District has adopted the “Jacket Way” with the three principles of Respectful, Responsible, and Ready. The Jacket Way extends into the athletic avenue. We expect our student-athletes to demonstrate Jacket Way expectations and behaviors as athletes.

Understandable Flexibility

We encourage students to try different things. However, by deciding to be a part of a athletics, students are committing themselves to the team. We expect students to honor their commitment to the team. We understand that conflicts will occur with scheduling and we will have understandable flexibility. However, if multiple conflicts do occur within the season then playing time could be affected or also result in removal from the team.

Exposure to Opportunities

For many, junior high athletics is the first time participating in team sports. We encourage all students to try different sports or different events. We encourage the athletes to talk to their coaches about possible best fits and to not be afraid to try new things.

Develop Skills/Develop Program

Our mission is to expose athletes to different opportunities to help improve personal growth and to create an extension of the classroom for learning. Our athletic teams will assist in developing students skills, personal traits, and character. Also, our athletic programs assist in developing the varsity programs. Our junior high coaches work collaboratively with the varsity coaches to promote program growth as well.

Go Jackets!

